

ALEXANDER—TECHNIK  
STUDIO GRAZ

---



**Alexander Technique  
Teacher Training  
Course**

0316 319 468 — [www.atstudio.at](http://www.atstudio.at)  
[jean@atstudio.at](mailto:jean@atstudio.at) — [regina@atstudio.at](mailto:regina@atstudio.at)

## Training to be a teacher of the Alexander Technique

The AT Studio teacher training course provides all the training required to become a fully qualified Alexander Technique teacher, with certification recognised by GATOE (Gesellschaft für F. M. Alexander-Technik Österreich) and the international Affiliated Societies of the Alexander Technique (ATAS).

The training provides over 1,600 hours, with a minimum 1:5 teacher:student ratio, running four days a week, around 36 weeks a year. Students can start the training at the beginning of every term: January, April or September. Prospective students need prior experience of the Alexander Technique before applying.

The Director of Training is Jean M. O. Fischer (teaching since 1987), assisted by Regina Stratil (teaching since 2014).

ALEXANDER-TECHNIK STUDIO GRAZ

0316 319 468 — [www.atstudio.at](http://www.atstudio.at)

[jean@atstudio.at](mailto:jean@atstudio.at) — [regina@atstudio.at](mailto:regina@atstudio.at)

