

OPEN EVENINGS

A SERIES OF TALKS AND
DISCUSSIONS

THE ENFIELD CENTRE FOR NATURAL HEALTH LIMITED

Presents information on natural and complementary
Therapies

FRIDAY 29 APRIL 2016

REDISCOVER YOUR NATURAL POISE WITH THE ALEXANDER TECHNIQUE

*A skill for self-development and improvement
whatever your age*

Talk given by

ANGELIQUE SWALLOW

www.alexandertechnique-teacher.co.uk

Doors open 7.15 pm for PROMPT start 7.30 pm

**AT JUBILEE HALL, 2 PARSONAGE LANE,
ENFIELD EN2 0AJ**

ALL WELCOME

REFRESHMENTS

Entrance Fee £5 (Concessions £3)

Enfield Centre for Natural Health Limited

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